Healing Hearts. Saving lives.
Prebys Cardiovascular Institute Redefines Heart Care
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STAY CONNECTED TO SCRIPPS
Join our Scripps Health Foundation email list to receive the latest updates on special events, fundraising priorities and ways you can make a difference in the lives of our patients. Scripps does not share your personal information and limits the number of communications you receive. Use the business reply envelope in this issue of Update or visit scripps.org/emails to stay connected.
At Scripps, our legacy of caring for the community dates back 125 years. From Mother Mary Michael Cummings founding what is today Scripps Mercy Hospital 125 years ago to Ellen Browning Scripps opening Scripps Memorial Hospital and Scripps Metabolic Clinic in 1924, our mission has been to put our patients at the center of all we do.

In 2015, we have achieved a major milestone with the opening of Prebys Cardiovascular Institute on the campus of Scripps Memorial Hospital La Jolla. The $456 million Prebys Cardiovascular Institute is the most comprehensive and largest center for cardiovascular medicine, research and training on the West Coast. Thanks to the generosity of Conrad Prebys and many other community donors, the center is a marvel of modern medicine with its revolutionary building design and features that promote patient healing.

More San Diegans trust us with their heart than any place else. Every year, more than 76,000 patients receive their heart care from Scripps, making us the largest heart care provider in the region. In 2014, we were also ranked number one in San Diego and in the top 20 in the nation in cardiology and heart surgery by U.S. News & World Report. With the opening of Prebys Cardiovascular Institute, and your philanthropic support, San Diego’s best heart care just got better.

In this issue of Update, we’ll share highlights from the grand opening events, and you’ll meet one of our donors who was among the first patients to receive heart surgery at Prebys Cardiovascular Institute.

In addition, we’ll update you on ways Scripps is continuing to grow to meet the needs of our communities from North County to South Bay—and how you can support our efforts.

On behalf of our 13,500 employees and 2,600 physicians—who care for a half-million patients each year—thank you. We know there are many worthy causes in our community to support, and we are honored that you continue to choose Scripps.

Best wishes,

John B. Engle
Corporate Senior Vice President
and Chief Development Officer
North County Radiation Oncology Centers Join Scripps Clinic

CyberKnife of Southern California in Vista, Pacific Radiation Oncology in Encinitas and Oncology Therapies of Vista—and their highly respected physicians and staff—have now joined Scripps Clinic Medical Group. This expands Scripps cancer care and treatment options throughout the North County region. CyberKnife® stereotactic radiosurgery is a non-invasive alternative to traditional surgery that delivers an extremely accurate form of radiation therapy to treat tumors. The centers also provide oncology medicine’s most effective radiation therapy techniques, from intensity modulated radiation therapy (IMRT) to radiosurgery and image-guided targeting. In addition to Cyberknife treatment for cancer, Scripps also offers proton therapy, Gamma Knife and the most advanced radiation therapies in convenient locations throughout San Diego County.

Scripps Health Purchases Imaging Healthcare Specialists

Scripps Health has purchased Imaging Healthcare Specialists LLC, a network of ambulatory radiology centers with eight locations across San Diego and Riverside counties. The acquisition expands Scripps’ ability to provide convenient access to radiology services across the county.

Imaging Healthcare Specialists will retain its name and brand identity and will continue its relationship with the contracted physicians of Radiology Medical Group and Physicians Radiology Medical Group. Both of these groups will remain independent. Imaging Healthcare Specialists offers a broad range of outpatient radiology services, from mammography and traditional X-ray services to advanced CT, MRI, PET/CT, nuclear medicine and interventional radiology services. Locations are in Chula Vista, Hillcrest, College Area, University City, Encinitas, Poway, Oceanside and Temecula.

Scripps Cardiologist among 50 Most Influential Physician Executives

Modern Healthcare magazine has released its annual list of the 50 Most Influential Physician Executives in the United States. And for the fourth year in a row, Scripps Health Chief Academic Officer Eric Topol, MD, is part of the prestigious group. Dr. Topol was recognized as a champion of wireless health, including his launch of a clinical trial of the “Scanadu Scout,” a sensor designed to capture a variety of clinical information by applying the device to a patient’s forehead. In January, he also published a new book, The Patient Will See You Now.

Scripps Green Hospital Named Among Top 100 Hospitals in the U.S.

For the sixth consecutive year and the eighth time overall, Scripps Green Hospital has been named among the 100 Top Hospitals in the nation by the international business research firm Truven Health Analytics.

The 22nd annual 100 Top Hospitals™ list released in March 2015 by Truven identified the best hospitals in the United States based on overall organizational performance, including patient clinical care measures and business efficiency. Scripps Green was recognized in the teaching hospitals category.
In Focus
With Paul Teirstein, MD

On March 8, 2015, Scripps opened the doors to the Prebys Cardiovascular Institute, a $456 million center that combines world-class researchers, top physicians and leading-edge technology to deliver the largest and most advanced heart care program available on the West Coast. Medical Director Paul Teirstein, MD, explains what the institute means for cardiac care in San Diego and beyond, and how bringing together the region’s best cardiac care experts will benefit patients, physicians, employees and the entire community.

Scripps is known for providing the best heart care in the region. What impact will Prebys Cardiovascular Institute have on this?
The best just got better. We’ve brought together the top cardiac surgeons, cardiologists, nursing staff, technologists and other cardiology professionals to provide patients with exceptional, leading-edge care, in a comfortable, patient-centered environment.

In medicine, we know that practice makes perfect. The more patients you treat and procedures you do, the better you get. At Prebys Cardiovascular Institute, we will see four times the number of patients and will do four times the number of procedures than any other center in San Diego. We will perform nearly 1,000 heart operations a year, nearly 4,000 minimally invasive cardiac interventions and the largest number of electrophysiology studies. Our advanced heart failure and ventricular assist device team has experience in implanting more than 400 devices. We’ll certainly be the biggest and the most experienced heart care provider on the West Coast, and that high level of care translates to medical excellence.

How does having the top physicians, the most advanced equipment, leading clinical research and education under one roof benefit patients?
With innovation and new technology comes better patient care; and we’re now providing patients with the most innovative, leading-edge care possible. We’ll have research projects that benefit patients across the system with our physicians collaborating to provide outstanding care using the newest evidence-based protocols. Physicians are looking at the heart through brand new, state-of-the-art imaging equipment and working with the best systems available. It’s tremendously important to have the most advanced tools and technology when you are caring for sick patients.

In San Diego, the typical cardiovascular center has between two and four cardiac catheterization labs, several cardiac operating rooms and possibly one hybrid operating room, which can be used for catheterization procedures or surgeries. The new heart institute will have 16 cath labs, including eight general cardiovascular, two hybrid and six electrophysiology rooms. The institute also contains shell space for three cath labs to accommodate future growth. The magnitude of our ability to care for patients and do groundbreaking procedures is like none other in the region.

What will patients experience at Prebys Cardiovascular Institute?
Not only do we have a culture of the best and most innovative patient care, we have a culture of caring for patients like family members.

Scripps is a leader in developing systems of care so that patients always receive the same, terrific “best practice” care. No matter who is caring for them, no matter what day they come to see us, patients are going to consistently get the highest level of care.

Scripps Health has brought together cardiologists and cardiac surgeons from Scripps hospitals, Scripps Clinic, private practices and Kaiser Permanente to care for patients at the new heart hospital. How are you all working together?
We meet regularly and we’ve gotten to enjoy each other and learn from each other. It is a wonderful thing to be able to collaborate with your colleagues to build a phenomenal program that benefits patients. I’m proud of the way the cardiologists from so many different areas have come together on this project, and I’m proud of the teamwork and the group we’ve created going forward. We are all committed to creating the best cardiovascular institute in the world.

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San Diego city and county elected officials, Scripps Health and Kaiser Permanente leaders, and philanthropist Conrad Prebys formally dedicate the opening of Prebys Cardiovascular Institute.

Scripps, the region’s top-rated heart program, has opened the premiere destination for heart care on the West Coast.

Located on the campus of Scripps Memorial Hospital La Jolla, Prebys Cardiovascular Institute rises seven stories and is designed to provide patients with the most advanced treatment options.

Prebys Cardiovascular Institute brings together the leading heart programs throughout our system to create a place where the best cardiovascular specialists in the region are collaborating to create a new era of heart care. And Kaiser Permanente cardiologists continue a 30-year partnership with Scripps physicians to care for Kaiser Permanente heart patients.

“Scripps is the largest provider of heart care in the region. Each year, we care for more than 76,000 cardiovascular patients,” says Scripps President and CEO Chris Van Gorder. “We designed this institute to be centered on our patients and their needs, creating an innovative environment for collaboration among some of the nation’s most brilliant physicians, for groundbreaking research by world-class scientists, and for the diagnosis and treatment of the most challenging heart conditions.”

Community support has been vital to our success. With a $45 million leadership gift from philanthropist and friend Conrad Prebys, and more than $82 million in additional community support, the historic opening of Prebys Cardiovascular Institute was celebrated as a significant health care milestone with events in late February and early March.

Community leaders, Scripps donors, volunteers and employees attended the ribbon-cutting ceremony for the $456 million heart hospital. “What we are doing in innovation here in San Diego is world leadership. This building is a beacon and a testament to that innovation—and most of all—it is thanks to people who work there,” says City of San Diego Mayor Kevin Falconer. “This is the best cardiovascular institute in the United States—and we are very proud of that in San Diego.”
A Look Inside Prebys Cardiovascular Institute

A community open house gave more than 2,000 San Diegans the unique opportunity to see inside our operating rooms and catheterization labs, and to talk with the people who operate the state-of-the-art equipment that might someday save their lives.

Our new 383,000-square-foot heart hospital combines the latest technologies and world-class care in a patient-focused setting.

“Prebys Cardiovascular Institute brings together the best cardiovascular specialists in the region with the most advanced technology available anywhere in the world to create a destination hospital for heart care,” says Paul Teirstein, MD, medical director, Prebys Cardiovascular Institute. “And what makes Scripps even more special is that we treat our patients like they are family members when they are here with us.”

For more information on ways to support the Prebys Cardiovascular Institute and Scripps cardiovascular care, please contact Mary Braunwarth at 858-678-7482 or braunwarth.mary@scrippshealth.org.
Until a few months ago, Ann Kulchin had been in the hospital just three times in her life—and each time she came home with a baby.

In March, however, Ann became one of the very first patients admitted to the Prebys Cardiovascular Institute, Scripps’ new, state-of-the-art heart care center on the campus of Scripps Memorial Hospital La Jolla. Much to her surprise, Ann needed extensive heart surgery.

When Ann began feeling ill in mid-February, heart problems never even crossed her mind. She and her husband David were in Santa Barbara to celebrate their son’s birthday when Ann felt a bit sluggish and nauseated. She thought she had a touch of the flu, but when her symptoms worsened, she went to the hospital. She was diagnosed with atrial fibrillation or AFib, a condition in which the heart beats very rapidly and irregularly. She received medication, spent the night in the hospital and attended her son’s birthday party that Saturday night with her family and friends.

When the Kulchins returned home to Carlsbad, Ann immediately called their Scripps cardiologist Pingfeng Du, MD, who has been caring for David for a number of years.

“I was so anxious to get back home and go to Scripps,” she says. “If something was wrong with me, I wanted my doctors and my hospital. Scripps is such a big part of my life.”

The Kulchins have been dedicated supporters of Scripps since David was treated for a heart condition at Scripps Memorial Hospital Encinitas in 2008. David is a member and former chair of the Scripps Encinitas Community Advisory Board, and he and Ann were honored with the Distinguished Achievement Award for their support of Scripps Encinitas in 2013. Ann also chairs the Circle of Life 100, a group that raises funds to benefit the hospital. Their generous donations and fundraising efforts have helped support expansion at Scripps Encinitas, building the Prebys Cardiovascular Institute, and more.

The two are active community leaders. David was honored as the 2013 Carlsbad Citizen of the Year, and Ann served as a Carlsbad City Council member for 32 years, including more than a decade as mayor pro-tem.

AFib Diagnosis Reveals Much More

After examining Ann, Dr. Du advised her to wear a 24-hour heart monitor to observe the AFib and determine how it responded to medication. A few days later, she awoke in the middle of the night with a feeling of heaviness in her chest. Dave called 911, and paramedics took her to the new emergency department at Scripps Encinitas. She was admitted to the new critical care building for further testing, including an angiogram, which revealed a large aortic aneurysm and significant blockage in two heart vessels. Ann needed coronary bypass surgery and aortic aneurysm repair as soon as possible.
On March 11, Scripps cardiothoracic surgeon Richard Stahl, MD, performed open heart surgery on Ann at the Prebys Cardiovascular Institute. Bringing together top physicians, state-of-the-art technology and world-class research under one roof, the institute provides the largest and most advanced heart care program available on the West Coast.

In addition to performing a double bypass to treat the blocked vessels, Dr. Stahl replaced the ascending aorta and removed the aneurysm. He also performed an ablation procedure, which destroys abnormal tissue, to treat Ann’s AFib. The entire surgery took more than five hours.

“Ann had primarily moderate coronary disease and an aneurysm serendipitously discovered because of AFib,” says Dr. Stahl. “We also found she had a bicuspid aortic valve, which is a congenitally deformed valve. At her age, it would be expected to be degenerative and not working, but hers was functioning normally, so we left it alone. However, an aortic aneurysm is associated with this maybe 10 percent of the time.”

Dr. Stahl says Ann did very well during the surgery and should be able to live normally without risk of further heart problems.

Following the surgery, Ann recovered in what she calls “a fabulous room” on the 7th floor. Because Prebys Cardiovascular Institute had just opened its doors, she was the first patient on her floor.

“The institute is just a beautiful place,” she says. “We went to the groundbreaking event last year, but we were not able to attend the big grand opening. So a few days later, I got there all by myself!”

Ann was discharged six days after her surgery, but about a week later, she began feeling fatigued and had no appetite. Dr. Du admitted her to Scripps Encinitas, where she was diagnosed with fluid around her lungs—not uncommon following heart surgery. After a few days in the hospital, she returned home to continue recuperating under Dr. Du’s guidance.

“He calls or texts almost every day to see how I’m doing, even after hours and on weekends,” Ann says. He is an exceptional physician and a wonderful person.”

It Could Happen to Anyone
Ann is easing back into exercise with short walks and began cardiac rehabilitation in May. Looking back on her experience, she believes women need to be more aware of their risk of heart disease, which is the number one cause of death among both women and men.

“I think as women get into their 60s and 70s, and certainly 80s, they need to take better care of themselves. They need to monitor weight gain, and pay attention to shortness of breath and fatigue,” says Ann. “I never had chest pains or the usual symptoms of heart disease, and I was very healthy. If it could happen to me, it could happen to anyone.”

Ann and David are thankful that Scripps provides world-class heart care expertise and technology right here in San Diego.

“If something happens to you, it is so reassuring to know that you don’t have to get on a plane and fly to another state to get treated,” Ann says. “We are very fortunate to have exceptional heart care here at home. I think that is why people have been so generous. Scripps is at the forefront of so many wonderful things.”
THE JOHN R. ANDERSON V MEDICAL PAVILION PASSES THE HALFWAY MARK

The John R. Anderson V Medical Pavilion is the newest Scripps Clinic location that will bring medical excellence to life by providing our physicians with the latest in research and technology, as well as convenient access to their patients.

Thanks to donor support, the John R. Anderson V Medical Pavilion is expected to open by summer 2016.

ADVANCING MEDICINE AT THE BARBEY FAMILY EMERGENCY AND TRAUMA CENTER

With a generous leadership gift from the John R. Barbey Jr. family, construction on the Barbey Family Emergency and Trauma Center is under way at Scripps Memorial Hospital La Jolla.

Last December, John Barbey Jr., his wife Nonnie, daughter Suzanne, sons John and Todd, and daughter-in-law Bonnie were the honored guests at the naming ceremony for the new emergency and trauma center, which will be located on the first floor of the Prebys Cardiovascular Institute. The Barbey family was presented with commemorative Scripps lab coats at the event to mark the milestone.

For more than 50 years, the Barbeys have been distinguished community members, dedicated to supporting Scripps. This gift is particularly meaningful for the 30,000 people who receive emergency and trauma care at Scripps La Jolla each year. With expected completion in fall 2016, the Barbey Family Emergency and Trauma Center will nearly double the size of our current facilities to help us keep pace with the growing population we serve.

Construction of the six-story, 175,000-square-foot pavilion is right on schedule for the opening in 2016. The state-of-the-art facility will enhance collaboration among Scripps Clinic specialists in gastroenterology, general surgery, imaging, nephrology, neurology, neurosurgery, pulmonary medicine and vascular surgery. And with pedestrian bridges connecting it to Prebys Cardiovascular Institute, physicians will have immediate access to their patients.

The vision that Jack and Eileen Anderson supported with their 2012 leadership gift to name the pavilion is now shared by more than 1,600 donors, including Ann and Joel Reed, whose generosity helps ensure its timely completion.

“We have a strong personal connection to Scripps Clinic because of the superior health care received by our family during the last decade,” says Ann Reed, Scripps Clinic/Scripps Green Hospital Community Advisory Board member. “We are delighted to support Scripps’ leading-edge research and innovations that will offer continuing excellence in health care for future generations.”

For information on how you can join the campaign, please contact Denise Scalzo at 858-554-3046 or scalzo.denise@scrippshealth.org.
SCIRPES MERCY CELEBRATES 125TH ANNIVERSARY

In July, Scripps Mercy Hospital, San Diego, begins its 125th year of providing compassionate care to our patients.

To kick off an exciting year, the community is invited to attend a celebration on July 11, from 10 a.m. to 2 p.m. The hospital grounds will be filled with festive booths offering health screenings, displays featuring many of our health partners and first responders, as well as a kid’s zone.

Calling All Mercy Babies

As part of the year-long celebration, we are calling on all San Diegans born at Scripps Mercy to join our unique circle of friends. It is remarkable how many San Diegans are Mercy babies—and many of these people continue to share a spirit of caring and commitment to the hospital—including the Rippee, Brito, Silva, Bokosky family.

This large, extended family represents five generations of Mercy babies. The oldest among them was Frank Silva’s grandmother Mary Lial born in 1900; the youngest Lou Silva arrived in 2012. The family proudly includes a Scripps Mercy physician, nurse, Mercy Hospital Foundation board chair, auxiliary members and candy strippers. Through the years, their commitment has grown from donating their time to philanthropic giving. Today, 115 years and 12 family members later, they exemplify the spirit of Mercy babies.

Mother Mary Michael Cummings and the Sisters of Mercy started their mission of compassionate care in 1890, not knowing how many lives they would ultimately touch. Twelve decades later, their impact can be seen in the quality of care, clinical excellence and commitment to technological advancement that Scripps Mercy represents.

If you are a Mercy baby who would like to join our circle of friends or for more information about upcoming events, please visit scripps.org/Mercy 125 or contact us at Mercy125@scrippshealth.org.

CAMPAIGN MOMENTUM BUILDS AT SCRIPPS MEMORIAL HOSPITAL ENCINITAS

Community Events Propel the Campaign for Scripps Encinitas Toward Goal

In mid-April, the Circle of Life 100 Distinguished Achievement Award celebration recognized the four women who chaired the Scripps Encinitas Gala last year, which raised more than $2 million. Guests enjoyed food and wine pairings, and previewed the original art selected for the new Healing Arts Collection at Scripps Encinitas that will be funded entirely through philanthropy.

In addition, a gathering at La Costa Glen Retirement Community in late April kicked off support for the final phase of hospital expansion. More than 250 residents enjoyed food, wine, music and played the classic board game Operation, as they learned about plans to expand surgical services. On average, one La Costa Glen resident a day comes to Scripps Encinitas for emergency care. That’s why La Costa Glen and GlenBrook Health Center presented a check for $20,000 in support of the campaign. In addition, LaVerne and Blaine Briggs announced a $500,000 challenge match to encourage other residents to donate to the hospital.

For more information on ways to support the Campaign for Scripps Encinitas and the Healing Arts Collection, please contact Scripps Health Foundation at 760-633-7722 or scripps.org/CampaignforEncinitas.
PANERA BREAD COOKS UP GREAT FOOD AND COMMUNITY SUPPORT FOR SCRIPPS

Your neighborhood Panera café does more than serve delicious, healthy foods. The local San Diego franchise of Panera Bread® has made a commitment to the well-being of San Diegans by supporting Scripps.

During the past five years, local Panera cafes have encouraged customers to leave their change in special “Community Breadboxes” at the cash registers to support philanthropy at Scripps Health. Dimes, quarters and dollars may seem insignificant, but when thousands of customers do that each year, it adds up.

In April, Panera Bread proudly presented Scripps with a $40,000 check, representing all those customers and bringing their total contributions since 2010 to more than $100,000.

O’TOOLE BREAST CARE CENTER OPENS AT SCRIPPS MERCY HOSPITAL

Philanthropy Supports Comprehensive Breast Care for Women

The O’Toole Breast Care Center is now open at Scripps Mercy Hospital’s San Diego campus. Thanks to generous philanthropic support, the $5.3 million center offers a wide range of state-of-the-art breast health services, including screening and diagnostic mammography.

Patients experience a comfortable, healing environment that includes a beautiful lobby, changing room and lockers, and a resource center with computer, library and educational materials. Innovative technology, such as 3-D digital screening and diagnostic mammography (tomosynthesis), and computer-aided detection software is available for the most accurate diagnostics for early detection and treatment. And a nurse navigator is also at the center to provide education, assist with coordinating care and answer patient questions.

“We are grateful to the Theresa and Edward O’Toole Foundation and the Menard Family Foundation for supporting the expansion of breast care services at Scripps Mercy Hospital,” says William Stanton, MD, medical director of the Scripps Cancer Center at Scripps Mercy Hospital. “We serve a growing number of patients in central and southern San Diego County. The new breast care center provides our patients with the most advanced technology in a comfortable, convenient location.”

Scripps Health cares for more breast cancer patients than any other San Diego health care provider. The O’Toole Breast Care Center is one of three Scripps Health comprehensive breast care centers in San Diego County. Scripps Polster Breast Care Center at Scripps Memorial Hospital La Jolla and the Emily Fenton Hunte Breast Care Center at Scripps Green Hospital have earned accreditation from the American College of Surgeons’ National Accreditation Program for Breast Cancer Centers.

For more information on ways to support the O’Toole Breast Care Center and the Campaign for Cancer Care at Scripps Mercy Hospital, please contact Sherry Serio at 619-686-3568 or mercycancercampaign@scrippshealth.org.
Pam Larson was shocked when an urgent care visit culminated in the devastating diagnosis of pancreatic cancer. But with Scripps, she knows she has a partner for life as she navigates her cancer treatment.

When Pam Larson sought relief from debilitating abdominal pain at her local Scripps urgent care, a routine CAT scan found a mass in her pancreas and liver, and a biopsy led to a diagnosis of pancreatic adenocarcinoma.

“This is among the most aggressive types of cancers anyone can have. To live beyond one year would be a good outcome,” says Darren Sigal, MD, Scripps Clinic oncologist.

“The day that I found out about my cancer diagnosis, I was with two of my sisters. They had come to support me because we didn’t know what we might hear,” recalls Pam. “When they told me it was pancreatic cancer that had metastasized to the liver, I just remember tears—I’m not a crier—but tears were flowing from my eyes.”

Pancreatic cancer is notorious for its lack of response to traditional chemotherapy and radiation therapy. One of the reasons it is so difficult to treat is because of an over-expression of hyaluronic acid, which constricts blood flow through the arteries and produces a kind of impenetrable shell around the tumor. This unique dynamic creates a microenvironment conducive to the growth of tumor cells, while simultaneously restricting the delivery of cancer therapy.

Dr. Sigal is administering a clinical trial for a new drug called PEGPH20. It’s a protein—an enzyme—which digests hyaluronic acid. Exclusively for cancer patients with confirmed Stage IV pancreatic ductal adenocarcinoma, Pam was a perfect candidate.

“Dr. Sigal told me that I could expect another two months of life with the clinical trial; and I thought, okay, two months is two months, and who says it has to be that short,” adds Pam. “It’s new, so let’s just move forward and see how this goes.”

Pam also cites her desire to contribute to research and the next generation of cancer treatment as a motivating factor to join the trial.

While remission and ultimately survivorship is what everyone hopes for, another focus of cancer research is to maintain or improve quality of life. One of the resounding advances afforded by new classes of drug therapies is a significant reduction in side effects, which tempers the debilitating physical trauma cancer patients often endure during treatment.

“Since accruing to this clinical study, Pam has done exceptionally well—you would never know that she is going through this ordeal,” says Dr. Sigal. “My promise to my patients is that I will do everything I can to give them the best quality of life and the optimal outcome that they could receive anywhere in the world.”

Dr. Sigal attributes the advances in cancer treatment he and his colleagues have achieved to clinical study opportunities that are only made possible through philanthropic support.

“‘I know I’m in the best hands—without a doubt,’ says Pam.

For more information on ways to support cancer research, please contact Jamie Nelson at 858-678-7340 or nelson.jaime@scrippshealth.org.
One of San Diego’s longest established and premier fundraising events—Candlelight Ball—ushered in the holiday season with elegance and style at The Grand Del Mar last December. This spectacular black-tie gala sets the standard for charitable events in San Diego. More than 400 donors, dignitaries and guests enjoyed the winter white décor, creating a sophisticated backdrop for the cocktail reception, dinner and dancing. The generosity of event guests supports patient programs and services at Scripps Memorial Hospital La Jolla.

For more than two decades, Spinoff has been the annual fundraiser for the Stevens Cancer Center at Scripps Memorial Hospital La Jolla. As Scripps cancer care programs have evolved into a highly regarded, nationally accredited cancer care network, this signature event has expanded, raising support for clinical research across the Scripps system, in addition to patient support programs. This May, 360 Spinoff guests were treated to a whimsical evening Under the Big Top at the Hyatt La Jolla at the Aventine, which raised $1.4 million to support Scripps cancer care and clinical research.

Scripps Health Foundation invites you to join us for these exciting events to benefit Scripps:

- **Whittier Concert for Diabetes**
  August 13, 2015
  Humphreys by the Bay

- **Scripps Clinic Invitational Golf Tournament and Dinner**
  September 10 –11, 2015
  Torrey Pines Golf Course

- **44th Annual Mercy Ball**
  November 21, 2015
  Port Pavilion on Broadway Pier

- **Scripps Hospice Light Up a Life**
  December 13, 2015
  The Grand Del Mar

For more information about these and other special fundraising events, please call 858-678-6364 or visit scripps.org/giving. If you would like information on special events and other Scripps Health Foundation updates, visit scripps.org/emails.
Col. Sherman Smith, USMC (Ret.) and his wife Lady lead an active life, enjoying the symphony and opera, and all that San Diego has to offer. Celebrating their 73rd anniversary this year, the Smiths share a sense of commitment to others that underscores their long life together.

After serving in World War II and the Korean War, Col. Smith retired from the U.S. Marine Corps in 1961. He and Lady transitioned into civilian life, taking on key executive positions in several Southern California real estate management and development corporations they helped start.

Sharing their good fortunes, they began giving back to organizations that support members of the military and their families. More recently, they have extended their generosity to Scripps. Through a charitable gift annuity, the Smiths are providing a meaningful gift that helps others, while maintaining lifetime income.

“It was an easy decision to make our gift to Scripps. We knew that the Scripps hallmarks of service, experience and maturity would ensure our contribution would be put to good use,” says Col. Smith.

The Benefits of a Charitable Gift Annuity
A charitable gift annuity is both a charitable contribution and an annuity contract. When you create a charitable gift annuity with Scripps, you transfer assets to us and, in return, we agree to make regular fixed payments to you for the rest of your life. Your benefits include guaranteed regular income, an income tax deduction, and potential tax savings.

For more information about gift planning programs, please contact David Williams at 858-678-6359, williams.dave@scrippshealth.org or scripps.org/giving.

Scripps President’s Council and Mercy 1000 members are generous and visionary people. Members invest in Scripps by providing the necessary unrestricted, annual gifts of $1,000 or more, which allow us to allocate resources where the need is greatest.

As a member of Scripps President’s Council or Mercy 1000, you have the opportunity to gain first-hand knowledge from the men and women who are inventing medicine today. Benefits include:
• Frontiers in Medicine lectures featuring world-class researchers, physicians and technologists
• Exclusive briefings by Scripps leaders
• Private receptions and events
• Free parking at any Scripps hospital
• Tax savings *

Each year, unrestricted gifts allow us to keep pace with the latest advances in medicine, provide patients with optimal care and remain one of the leading health care systems in the nation.

To join or learn more, please call Kristi Worley at 858-678-7063 or visit scripps.org/LeadershipGiving.

*Please check with your personal financial advisors to determine the extent of any tax benefits you may receive as a result of your gift.
Join us as we commemorate Scripps Mercy Hospital’s rich history as the longest established hospital in San Diego and look forward to our bright future as we continue to expand to serve our community.

Saturday, July 11, 2015
10 a.m. – 2 p.m.
Scripps Mercy Hospital, San Diego
4077 Fifth Ave.
San Diego, CA 92103

For more information, visit scripps.org/Mercy125.