

Scripps Health Foundation



# Update

Spring/Summer 2016



## WAVE OF GRATITUDE

SUPPORTING LIFESAVING EMERGENCY AND TRAUMA CARE

# Update

SPRING/SUMMER 2016

Update is produced by the Scripps Marketing and Communications Department. If you would like to be removed from our mailing list, please call **858-678-6340** or **800-326-3776**.

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**Scripps Health Foundation's Mission:**  
*Through philanthropy we help to heal, enhance and save lives.*



## ON THE COVER:

*A life-threatening surfing accident could have kept Joey Converse, 22, from ever walking again. Read more on page 6 about Joey's exceptional care, and see how he and his family have thanked his caregivers and celebrated his recovery.*

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## STAY CONNECTED TO SCRIPPS

Join our Scripps Health Foundation email list to receive the latest updates on special events, fundraising priorities and ways you can make a difference in the lives of our patients. Scripps does not share your personal information and limits the number of communications you receive. Use the business reply envelope in this issue of Update or visit **[Scripps.org/Subscribe](http://Scripps.org/Subscribe)** to stay connected.

## DEAR FRIENDS,



“THE MOST  
IMPORTANT  
GIFT ONE  
HUMAN BEING  
CAN GIVE TO  
ANOTHER IS,  
IN SOME WAY,  
TO MAKE LIFE  
A LITTLE BETTER  
TO LIVE.”

- Ellen Browning Scripps

Philanthropy at Scripps dates back more than 125 years, from our founders Ellen Browning Scripps and Mother Mary Michael Cummings, who envisioned caring for a growing San Diego community for years to come, to our generous donors who are our visionaries of today, who help us advance medicine and save lives. We thank you for furthering the Scripps mission of caring for our community. Through your support, you are leaving a legacy.

In this issue of Update, you will read how your gifts make a difference through the life-changing and lifesaving care provided to two of our patients.

Joey Converse is a young lifeguard who had a surfing accident that could have left him a quadriplegic. The trauma team at Scripps Memorial Hospital La Jolla Emergency and Trauma Center, and intensive care staff helped Joey recover and walk again—in just a matter of weeks. With the opening of the Barbey Family Emergency and Trauma Center in fall 2016, funded through a leadership gift from the Barbey family and other community donations, our team will have the latest tools and the most advanced facility to care for patients, like Joey.

Plus, Parkinson’s patient Martin Adler is now enjoying bike riding with friends, something just a year ago he couldn’t do as a result of his loss of mobility. Martin had Deep Brain Stimulation, a revolutionary surgical procedure that uses an implanted device the size of a stopwatch to stimulate specific areas of the brain to improve debilitating tremors and Parkinson’s symptoms. This important work is funded through gifts from generous philanthropists, including long-time Scripps Clinic supporter Darlene Shiley.

You’ll also get the latest on the opening of the new John R. Anderson V Medical Pavilion in summer 2016. As the newest Scripps Clinic location, it will provide a state-of-the-art facility with a broad range of specialty services for patients, including cardiology, gastroenterology, pulmonology, neurology, dermatology and endocrinology. And we’ll share news on other campaigns that benefit patient care across the entire Scripps system.

In addition to Update, we are very proud of our new Scripps Health Foundation website that connects you to the latest foundation news and information on fundraising priorities—and our inspiring stories of impact. You’ll hear how grateful our patients are for their care at Scripps, thanks to your generosity. Please read more about it in this issue and visit [Scripps.org/Giving](http://Scripps.org/Giving) to learn more.

We know there are many worthy causes in our community to support, and we are honored that you continue to choose Scripps.

Best wishes,

John B. Engle  
Corporate Senior Vice President  
and Chief Development Officer



# NEWS BRIEFS

## Scripps Launches New Retail Clinic with Irvine Company

Scripps and Irvine Company have opened Scripps HealthExpress, a new retail health clinic that offers convenient health and wellness services at an Irvine Company office complex in University City.

The Plaza at 4350 La Jolla Village Drive, Suite 130, features a medical office with four exam rooms, and offers a wide variety of medical and wellness services on an appointment and walk-in basis.



*Scripps President and CEO Chris Van Gorder, Executive Vice President Irvine Company Properties Steve Case, Scripps HealthExpress Medical Director Thomas Carter, MD, and San Diego City Council President Sherri Lightner are joined by members of the Scripps Health Board of Trustees and Scripps HealthExpress caregivers at the November 2015 ribbon cutting for the retail clinic.*

"At Scripps, we believe it is important that health care is convenient and affordable," says Chris Van Gorder, Scripps president and CEO. "Scripps HealthExpress provides health care close to where people work, which makes getting the care they need that much easier. We also want to work with employers across the region to help them maintain a healthy workplace."

This is the first health care facility in San Diego County to open in a workplace community. It marks Scripps' expansion into retail health and Irvine Company's growing focus on wellness amenities and services for its customers.

## Gordon Clark Named Chairman of Scripps Health Board of Trustees

Gordon R. Clark has been named chairman of the Scripps Health Board of Trustees. Clark, who has an accomplished record of building and managing businesses in a variety of industries, has served on the Scripps board since 2008.

Clark currently serves as president and CEO of iProtean, the leading provider of e-learning courses for boards of hospitals and health systems.



*Gordon Clark is serving a two-year term as Chairman of the Scripps Health Board of Trustees.*

Scripps also welcomes new board members, Nicole "Nikki" Clay and Adolfo Gonzales, who are serving three-year terms. Clay, strategic counsel at The Clay Company in San Diego, and Gonzales, recently named to lead the County of San Diego Probation Department, have decorated careers and extensive community involvement.

## El Camino Pediatrics Joins Scripps Coastal Medical Group

The physicians and staff of El Camino Pediatrics Medical Group in Encinitas have recently joined Scripps Coastal Medical Group.



*(From left) Kevin O'Leary, MD; Guia Escuro, MD; Katie Dominguez, PA; Michelle Dern, MD; Fred Frumin, MD; Nicholas Levy, MD; Natalie McNally, PNP; Valerie Rubin, MD; Rosalind Dockweiler, MD; Gary Gross, MD; Sangita Bhasin, MD; and Julie Snyder Block, MD.*

"After more than 40 years of providing outstanding care in North County, we are proud to be part of Scripps Coastal Medical Center in Encinitas," says Rosalind Dockweiler, MD. "We will continue our commitment to provide high-quality care and excellent services to our patients, now with expanded access to the Scripps Health network."

The 10 pediatricians partner with more than 120 physicians practicing family medicine, internal medicine, obstetrics and gynecology, pediatrics, physical rehabilitation and geriatrics at 12 Scripps Coastal Medical Center locations throughout San Diego County.



# IN FOCUS

## WITH JOHN ENGLE

**As a corporate senior vice president and chief development officer for Scripps Health since 2004, John Engle and his Scripps Health Foundation team have raised millions of dollars in philanthropic contributions to support medical excellence and provide patients with the highest quality care in new, state-of-the-art facilities. This engaging, high-energy fundraiser continues to build on the health care system's strong foundation of community support that dates back more than a century and looks forward to Scripps' future with a focus on philanthropy.**

### **What is the role of philanthropy at Scripps?**

Our legacy of caring for the community dates back 125 years—longer than any other health care provider in San Diego. Our founders Ellen Browning Scripps and Mother Mary Michael Cummings were philanthropists, fundraisers and visionaries, planning for the health care needs of their community for years to come. That forward-thinking philosophy remains at the center of what we do today through our continued growth and innovation—funded through the generosity of this generation's visionaries. Ellen Browning Scripps once said, "The most important gift one human being can give to another is, in some way, to make life a little better to live." Last year, our donors gave more than \$33 million to support Scripps. Those gifts can make someone's life better to live—and ultimately help our physicians and caregivers save lives every day.

### **As a nonprofit health care system, what is the importance of philanthropy to support our future growth?**

At Scripps, we are ever mindful of our responsibility to wisely use our resources to provide the highest quality care to our patients. Like other health care organizations across the country, Scripps is dealing with the financial effects of health care reform. In light of government and private insurance companies reducing reimbursements, Scripps has been a national leader in looking at new approaches to provide people with greater access to Scripps, reduce our costs and improve our already high quality care. With three revenue sources—operating revenue,

investments and philanthropy—there is a great need for added philanthropic giving to sustain vital programs and services, as well as fund new, groundbreaking research, advanced technology, and update and build new facilities to meet our patients' health care needs.

### **Are there different ways to give?**

Yes, there are many ways a gift to Scripps Health Foundation can make a difference. Unrestricted gifts provide critical resources that allow our world-class medical leadership and staff to determine how best to serve our patients' needs. By helping to meet our greatest needs, unrestricted gifts help accomplish the greatest good. Supporting a capital campaign funds a specific priority, such as a hospital expansion project or a new, state-of-the-art facility. And donors can support a specific operational need at Scripps, such as funding groundbreaking research, a fellowship program to train the next generation of physicians, or a new piece of technology. In addition to an outright gift, people have opportunities to support Scripps through charitable gift annuities, estate gifts and gifts of stocks or bonds through gift planning.

Your trust and support has enabled Scripps to grow to more than 14,000 employees, and we've expanded to include five hospital campuses, 29 outpatient centers, home health and hospice care, and physicians' offices throughout San Diego County. We are so grateful for each and every gift. Through philanthropy we help to heal, enhance and save lives.



A full-page photograph of a man, Joey Converse, standing in shallow ocean water. He is wearing a black wetsuit and holding a white surfboard under his arm. He is smiling at the camera. The background shows the ocean and a clear blue sky with some clouds.

# LIFEGUARD JOEY CONVERSE THANKS SCRIPPS FOR SAVING HIS LIFE

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As a California State lifeguard, surfer and competitive swimmer, Joey Converse has a healthy respect for the ocean and knows about water safety. So when he dove under a breaking wave at Marine Street Beach in La Jolla last summer, as he'd done hundreds of times before, he never expected to break his neck.

"I'm not sure if I timed it wrong, or if it was just a weird wave. I think the wave crashed on the back of my neck and my head hit the sand," recalls Joey, 22.

He knew right away that something was wrong. He wanted to get out of the water, but he couldn't move.

"I was stuck face-down underwater, and I was pretty frustrated because I have been a competitive swimmer my whole life and I didn't expect to drown."

Fortunately, the next wave flipped Joey over. He gasped for air and tried to yell for help, but his damaged vocal chords could barely emit a murmur. The surf pulled him back under, then flipped him again, this time much closer to his friends. He whispered that he broke his neck. They immediately signaled for help. Lucky for Joey, two off-duty emergency medical technicians (EMTs) were on the beach.

"They knew what to do, and I knew what to do from my lifeguard training, so I didn't really ever panic," Joey says, despite having just a little bit of feeling in his arms, and none in his legs.



## Able to Walk Again

Paramedics took Joey to Scripps Memorial Hospital La Jolla Emergency and Trauma Center. His parents Mike and Kathy rushed to the hospital. "At first I really didn't think he was hurt badly because you never think something like that is going to happen," says Mike. "But when we got to Scripps and saw what kind of shape he was in, it was a different story."

MRI and CAT scans showed that Joey's fifth vertebra had sustained a burst fracture. Scripps neurosurgeon Frank Yoo, MD, told Joey he would need one spine surgery that night and another the next day.

"He had an unstable fracture of the cervical vertebrae, and he needed both an anterior procedure (through the front of the neck) and a posterior procedure (through the back of the neck)," explains Dr. Yoo. "It is a difficult fracture, and Joey was very lucky that he was not quadriplegic when he came to us."

After surgery to fuse his fourth, fifth and sixth vertebrae, Joey spent the next nine days recovering in the intensive care unit (ICU). He gradually regained feeling in his limbs, and had to re-learn how to eat and swallow food. On June 17, Joey moved to an inpatient rehabilitation center. With intensive physical and occupational therapy, he worked on movement and coordination, self-care skills and gaining back the 30 pounds he'd lost since the accident. His doctors believed he could regain full movement within six months to a year.



*Just a month after Joey's accident, he was able to walk down the aisle as the best man in his older brother Michael's wedding and celebrate with his family. (Courtesy Eric Johnson)*

Joey, however, didn't have that much time. His brother was getting married on July 18, and Joey was determined to walk down the aisle as his best man. On June 30, just 22 days after the accident, Joey surprised everyone when he walked out of the rehab center.

The next day, he strolled into the ICU and emergency department at Scripps to thank the staff who had taken such great care of him. "They looked at me like I was a ghost. Everyone was so surprised and happy with my recovery," Joey says.



*Joey and his father Mike return to thank members of the emergency/trauma and intensive care teams that cared for Joey and helped him walk again.*

## Grateful for a Second Chance

He attended the wedding, and spent the rest of the summer and fall getting back to good health. In December, Dr. Yoo gave Joey the green light to surf again, and he has returned to San Diego State University, where he is a graphic design major. Joey also recently returned to Silver Strand Beach in Coronado as a lifeguard.

"They had told me I'd be in rehab for at least half a year, so you can imagine how happy I am to be going back to school already and getting on with my life," says Joey. "The team at Scripps gave me a second chance at life, and I am forever grateful. I plan to visit Scripps every year on the date of my accident to say thank you, even if the same people aren't there anymore."

Joey's father calls his son's experience a miracle. "The people at Scripps are amazing. They treated us like family," says Mike. "Joey was in quite a bit of pain after the surgery and literally every five minutes he wanted to be rolled to one side or the other or the pillow adjusted, and they were there for him the entire time. It was the best possible treatment he could have had, better than anything I would have expected."

**See the article on page 8 for more information on ways you can support patients, like Joey, through your gift to the new Barbey Family Emergency and Trauma Center at Scripps Memorial Hospital La Jolla.**

# OPENING SOON: BARBEY FAMILY EMERGENCY AND TRAUMA CENTER



Construction continues on the Barbey Family Emergency and Trauma Center. Opening in fall 2016, the center will more than double the size of the current emergency and trauma facilities.

## *Thanks to the Barbey Family Leadership Gift and Continuing Donor Support*

Joey Converse (see story on page 6) was just one of more than 30,000 patients who needed emergency care at Scripps Memorial Hospital La Jolla last year. Local emergency rooms are bursting at the seams, and as our community grows so does the demand for emergency and trauma care.

Opening in October 2016, the Barbey Family Emergency and Trauma Center at Prebys Cardiovascular Institute will more than double the size of our current facilities from 15 to 34 treatment stations, and increase our observation unit from four to 20 beds.

## **\$1 Million Challenge Campaign to Honor A. Brent Eastman, MD**

To recognize former Scripps Chief Medical Officer and trauma surgeon A. Brent Eastman, MD, Scripps has announced a \$2 million campaign to name our new trauma area in his honor.

"In addition to the exceptional contributions he made to trauma care at Scripps, Dr. Eastman has been instrumental in the development of trauma systems worldwide," says Scripps President and CEO Chris Van Gorder. "He is one of the co-founders of San Diego County's Trauma System and has helped put trauma systems into place on six continents."

To help us reach this goal, the David Whitmire Hearst Jr. Foundation will match all gifts made in support of this campaign between now and the end of the year up to \$1 million. To date, the campaign has raised \$500,000, with the remaining \$500,000 needed by December 31, 2016.



(From left) Scripps President and CEO Chris Van Gorder joins John Barbey Jr. and A. Brent Eastman, MD, at Candlelight Ball, which raised \$1.8 million for the Barbey Family Emergency and Trauma Center.

## **Join the Campaign During National Trauma Awareness Month**

May is National Trauma Awareness Month, a perfect time to get involved. All donors who make a gift in honor of A. Brent Eastman, MD, will receive recognition on a plaque within the new center and be listed on the electronic donor wall in Prebys Cardiovascular Institute. Donors who give \$5,000 or more will be included on the permanent donor wall at the institute, and those who donate \$25,000 or more will have the opportunity to name a separate space within the Barbey Family Emergency and Trauma Center.

We invite you to join Dr. Eastman's friends, loyal patients and community members in naming this vital new space in his honor. We welcome gifts of cash, appreciated assets and IRA distributions, as well as planned or pledged gifts.

**For more information, please contact Mary Braunwarth at 858-678-7482 or [braunwarth.mary@scrippshealth.org](mailto:braunwarth.mary@scrippshealth.org).**



## EXCITEMENT BUILDS FOR OPENING OF THE JOHN R. ANDERSON V MEDICAL PAVILION

The last phase of construction on the six-story, 175,000-square-foot pavilion is nearly complete. As the teams finish the build-out of our newest Scripps Clinic location, our physicians and foundation staff have been busy conducting tours for patients, donors and community leaders to introduce them to the broad range of services, which will be available in June.

The pavilion, designed to enhance collaboration among Scripps Clinic specialists, will house multiple specialties, including cardiology, dermatology, diabetes and endocrinology, family practice, gastroenterology, general surgery, gynecologic oncology and surgery, imaging, internal medicine, nephrology, neurology, neuroradiology, neurosurgery, pulmonary medicine and vascular surgery. Adjoining Prebys Cardiovascular Institute, it offers physicians immediate access to their patients.

Construction began in March 2014, with a \$25 million memorial gift from Eileen and Jack Anderson. The Andersons' generous gift was made in remembrance of their son John, who lost his battle with cancer.



*The John R. Anderson V Medical Pavilion opens in June 2016.*

The grand opening celebration is slated for September 10, 2016, in conjunction with the 48th Annual Scripps Clinic Invitational Golf Tournament at nearby Torrey Pines Golf Course.

**For a tour of the John R. Anderson V Medical Pavilion, and more information on the grand opening and golf tournament, please contact Mary Braunwarth at 858-678-7482 or [braunwarth.mary@scrippshealth.org](mailto:braunwarth.mary@scrippshealth.org).**

## NEW SURGICAL SUITES OPEN AT SCRIPPS ENCINITAS



*A look at one of the two new operating rooms.*

Thanks to our donors, Scripps Memorial Hospital Encinitas achieved a milestone in February with the opening of two, new operating rooms and the expansion of the pre-operative unit. More than halfway to its \$10 million goal, the campaign seeks to raise \$4.5 million to upgrade four existing operating suites, expand the post-anesthesia unit and double the size of the endoscopy department.

Enthusiastic support continues to come from LaVerne and Blaine Briggs, who pledged \$500,000 and challenged others to match it and raise \$1 million. The residents of La Costa Glen Retirement Community answered the call, donating nearly \$500,000.

**To join the Briggs' Challenge, please contact Anamaria Repetti at 760-633-6632 or [repetti.anamaria@scrippshealth.org](mailto:repetti.anamaria@scrippshealth.org).**

## SUPPORT THE NEXT GENERATION OF SCRIPPS MERCY BABIES

Scripps Mercy Hospital has one of the county's most active Maternal and Child Health programs. Since 2006, more than 21,000 babies have been born at Scripps Mercy.

While our programs and services exceed the highest standards of care, our labor and delivery facilities need modernization. We are looking to raise \$3 million in community support for adequate labor and delivery observation and recovery space, which will improve efficiency, and create a more comfortable setting for mothers and newborns.



*Your gift can help us welcome the next generation of Mercy Babies*

**For information on ways to give, please contact Sherry Serio at 619-686-3568 or [serio.sherry@scrippshealth.org](mailto:serio.sherry@scrippshealth.org).**

# MOVING FORWARD WITH PARKINSON'S DISEASE



Martin Adler

## *Deep Brain Stimulation Gives Retired Physician Improved Mobility, Quality of Life*



*After deep brain stimulation (DBS) surgery in August 2014, Martin Adler had such improved movement that he was able to resume his weekly, 10-mile bike rides.*

internal medicine and endocrinology physician. He had trouble with fine motor coordination, and developed nerve pain in his lower spine.

When Martin Adler lost his sense of smell in his mid-50s, he first thought it was due to a sinus surgery. He then started having problems sleeping and difficulty concentrating. When he jogged, his left arm didn't swing like it normally would.

During the next few years, new symptoms continued to appear. Martin began to feel extreme fatigue, putting an end to his 11-hour work days as an

Martin, now 69 and retired, had been a physician for 30 years. "I thought I was a pretty good diagnostician," he says. "But I didn't recognize my own symptoms."

It all came together in November 2003, the evening before Martin's 57th birthday. "It was the end of a long day, and I was standing in the hallway," he recalls. "And this expert neurologist I'd known for years walked by and said to me point blank, 'You have Parkinson's disease.' Now maybe that wasn't the best approach, but I realized he was absolutely right."

Parkinson's disease is a progressive, neurodegenerative brain disorder that happens when the brain cells that produce dopamine, a neurotransmitter that helps control muscle movement and coordination, are damaged or impaired. Symptoms may be mild at first, but may become more significant as the disease progresses. Common symptoms include tremor or shaking of the face or extremities, stiffness, involuntary movements, balance problems, and difficulty walking or speaking. In severe cases, symptoms can become debilitating.



## The Treatment Journey Begins

After the shock wore off, Martin focused on what to do next. He had undergone heart surgery at Scripps in the past, and trusted Scripps for his care. He began seeing Melissa Houser, MD, a neurologist, fellowship-trained movement disorder specialist and medical director of the Shiley Brain Research Center and the Cowling Movement Disorder Clinic at Scripps Clinic. He started taking the medication levodopa to control his symptoms, but over the next several years, it became progressively less effective and he had to take it more frequently. Martin went from taking levodopa every five hours to every 90 minutes, and he began having unpleasant side effects.

"I felt like I was in quicksand, literally stuck," he says. "I was having trouble with the general activities of daily living. It would take 10 or 15 minutes just to put my belt through the loops."

Several years earlier, Dr. Houser had mentioned that Martin could be a candidate for a treatment known as deep brain stimulation (DBS). By delivering electrical stimulation to targeted areas of the brain, DBS overrides the abnormal signals that cause Parkinson's symptoms and helps to restore normal movement.

During DBS surgery, the neurosurgeon places a thin lead, each with four electrodes at the end, in each hemisphere of the patient's brain. The electrodes are connected to an impulse generator, similar to a pacemaker, which is implanted in the chest. The generator emits a mild current that disrupts



*After the DBS system is implanted, clinicians adjust the settings to best control each patient's symptoms. Martin and other patients also have a controller that allows them to adjust the settings at home.*

abnormal brain signals to reduce or even eliminate symptoms; the current can be adjusted to change the stimulation without additional surgery. It can be shut off at any time, and the entire procedure is completely reversible.

The innovative surgical procedure has been found to greatly reduce the severity of Parkinson's

symptoms, especially in patients who have previously responded to medication.

"In the properly selected patient it can control all cardinal symptoms of Parkinson's disease—tremor, stiffness, slowness, movement," says Dr. Houser. "When patients enter this team process, it is a highly individualized evaluation specifically tailored for each patient. They will see several clinicians, a nurse practitioner, neuropsychologist, movement disorder specialist, neurosurgeon, speech therapist and physical therapist. Then we can tailor the exact pacer we want to put in their brain and where we want to put it to make sure the patient has the best procedure they can possibly get."

In August 2014, Scripps Clinic neurosurgeon Adam Burdick, MD, placed the electrodes only in the right side of Martin's brain, since the majority of his symptoms affected the left side of his body. Two weeks later, Dr. Burdick implanted the generator under Martin's collarbone and connected the wires to the electrodes.

## Immediate Improvement

Almost right away, Martin began to notice a tremendous improvement. For several weeks after the surgery, nurse practitioner Sherrie Gould, MSN, who works with Dr. Houser, continued to fine-tune the generator to get the most benefits with the least side effects. He now sees Sherrie monthly.



*Martin and his wife Eileen celebrate 46 years of marriage and Martin's improvement with DBS. Eileen has been Martin's primary caregiver as his Parkinson's disease has progressed.*

"It worked very well. I'm faster, I'm not as stiff, and my speech is stronger. I bicycle 10 miles every Friday. I go to the gym and do Tai Chi and resistance exercises," he says. "I was able to get my medication down from 1,000 mg of levodopa to 550 mg."

Deep brain stimulation has also helped Martin's wife Eileen. "This is such a benefit to your care partner, because the patient can do so much more for himself," he says. "I'm a guy who cherishes his independence, and I wanted to be able to drive and take care of my own needs. I would do it again in an instant. It gives me time because treatments will continue to get better."

**For more information on deep brain stimulation and ways to support this life-changing care for Parkinson's patients, please contact Anamaria Repetti at 760-633-6632 or [repetti.anamaria@scrippshealth.org](mailto:repetti.anamaria@scrippshealth.org).**

# Celebrating Scripps



(From left) Scripps Mercy Hospital Chief Executive Tom Gammieri, Maureen King, Ann Dick, Lois Stanton and Scripps Health President and CEO Chris Van Gorder honor Scripps Mercy's past and look to hospital's bright future.

## MERCY BALL CELEBRATES SCRIPPS MERCY'S 125TH ANNIVERSARY

The Port Pavilion on Broadway Pier set the stage for the 44th Annual Mercy Ball. The 600 guests, some dressed in early 20th century style, enjoyed an historic evening of fine cuisine, entertainment and a live auction set against the beautiful backdrop of San Diego Bay. This once-in-a-lifetime, sold-out event raised \$540,000 for maternal and child health services at Scripps Mercy Hospital.



Patron sponsors Elliot and Lee Scott celebrate the legacy of Candlelight Ball.

## 86<sup>TH</sup> CANDLELIGHT BALL RINGS IN THE HOLIDAYS

Candlelight Ball lived up to its venerable tradition of welcoming in the holiday season with style and elegance. One of the oldest and most prestigious fundraising galas in San Diego, the ball attracted 440 guests to the Fairmont Grand Del Mar and raised \$1.8 million in support of the Barbey Family Emergency and Trauma Center. The evening included a special tribute to John Barbey and his family for their leadership gift to support emergency and trauma care.

## Join Us

*Scripps Health Foundation invites you to join us for these exciting events to benefit Scripps.*

### 25th Anniversary Spinoff, Roaring Twenties

May 5, 2016

Hyatt Regency La Jolla at Aventine

### 5th Annual M.O.S.T. Mariachi Festival

May 21, 2016

Kitchens for Good at the Jacobs Center

### Scripps Clinic Invitational Golf Tournament

September 9, 2016

Torrey Pines Golf Course

### John R. Anderson V Medical Pavilion Grand Opening Celebration

September 10, 2016

John R. Anderson V Medical Pavilion

### 87th Annual Candlelight Ball

December 3, 2016

Fairmont Grand Del Mar

**For more information about these and other upcoming fundraisers, please visit [Scripps.org/FoundationEvents](http://Scripps.org/FoundationEvents) or call 858-678-6364.**



# HONOR YOUR CAREGIVER PROGRAM GIVES PATIENTS A WAY TO SAY THANKS

*Through online story-sharing, this new program gives patients a simple way to acknowledge special caregivers.*



*Svitlana Subramaniam, RN, receives an In Appreciation of Excellence thank you letter from a grateful patient.*

When Gloria Merriam was admitted to Scripps Memorial Hospital Encinitas in January, she wasn't sure what to expect. She soon discovered a caring group of highly skilled nurses who made her recovery possible. One nurse, Svitlana Subramaniam, RN, made a lasting impression.

"Svitlana cared for me in my darkest hour, a time when I became inexplicably anxious," writes Gloria. "Thank you for staying by my side. You are a fine nurse and a beautiful human being."

During her stay, Gloria learned about the Honor Your Caregiver program. She went online to the [Scripps.org/Honor](http://Scripps.org/Honor) website to thank her nurses. The team at Scripps Health Foundation forwarded her message to Svitlana, and let Scripps senior leadership and staff know about the difference Svitlana made in her patient's life.

"I remember how anxious she was. I took care of her like she was my mom, and every day she improved," recalls Svitlana. "Her letter took my breath away since I didn't expect to be remembered and honored just because I cared. It is inspiring in ways that words can't describe. I am grateful to my patient for taking time to express her feelings."

**Nurses Week is May 6 – 12, 2016.  
Recognize the nurse who made  
a difference in your life. It only  
takes 60 seconds, but sharing  
your story makes a lasting  
impact. Go to [Scripps.org/Honor](http://Scripps.org/Honor).**

## DINE WITH A DOC

*Exclusive Opportunity for Scripps President's Council Members*



*Scripps orthopedic surgeon Steven Copp, MD, shares insights on many of the latest advancements in orthopedic care with Scripps President Council members seated at his table.*

It was a special evening of fine cuisine and excellent conversation. The La Valencia Hotel was transformed into Maison de Scripps. The maitre'd escorted each couple to their reserved table, where a distinguished Scripps physician greeted them and served as their host for the evening.

A select group of Scripps President's Council members and long-time donors made their reservations for this first-ever event in March 2016. Many will be back next year to meet with another group of physicians for insights on the research, clinical trials, new treatments and technologies they are advancing in the pursuit of excellence at Scripps.

Next time, Dine with a Doc might just be staged at a cozy trattoria, a charming bistro or an elegant tearoom. So be sure to make your reservations early.

**For information on becoming a Scripps President's Council member and attending a Dine with a Doc event, please contact Jesselle Buntan at 858-678-7061 or email [annualgiving@scrippshealth.org](mailto:annualgiving@scrippshealth.org).**



# ENJOYING A LIFE WELL LIVED WITH THE HELP OF A CHARITABLE GIFT ANNUITY

*Norada Wilkey*

When Norada Wilkey vacationed in Turkey in 1996, she certainly wasn't expecting to meet her future husband and move across the country. But life is full of surprises.

Norada, 92, met the Honorable Roscoe S. Wilkey, a retired San Diego Superior Court judge, while on a group tour. She lived in Delaware, where she worked as an executive assistant at the DuPont Company. The two maintained a short, long-distance relationship before their 1997 marriage, attended by many of the people they met on the tour. The couple shared more than 11 happy years together in North County.

"I have been a Scripps patient since I've lived here, and had a very successful spinal fusion surgery nine years ago," says Norada, adding that her husband also was a Scripps patient. "We are very fortunate to have such an excellent hospital in Encinitas. It's just marvelous what they have done there with the new emergency department."

Last October, Norada created a charitable gift annuity with Scripps Memorial Hospital Encinitas. She considers the donation a "win-win" for all involved.

"Scripps is a wonderful hospital and so important to the community," she says. "Whatever we can do to help maintain the quality of the care is important."

The charitable gift annuity benefits Norada, as well. In exchange for her gift of property, Scripps will pay her a fixed income for the rest of her life, a portion of which is tax-free, and Norada will receive a charitable tax deduction for her gift.

Describing herself as a lively person, Norada keeps her schedule full. She volunteers at the Rancho Santa Fe Library in its gently used bookstore, The Book Cellar, and is an active member of the DeAnza Chapter of the National Society Daughters of the

American Revolution (NSDAR). She also belongs to a weekly luncheon group and enjoys quilting, reading and Bible study. She shares her home with her English Cocker Spaniel Harry and her cat Sally.



*The Honorable Roscoe S. and Norada Wilkey on their wedding day, 1997.*

## Reduce Taxes, Receive Income and Leave a Legacy: Charitable Gift Annuities

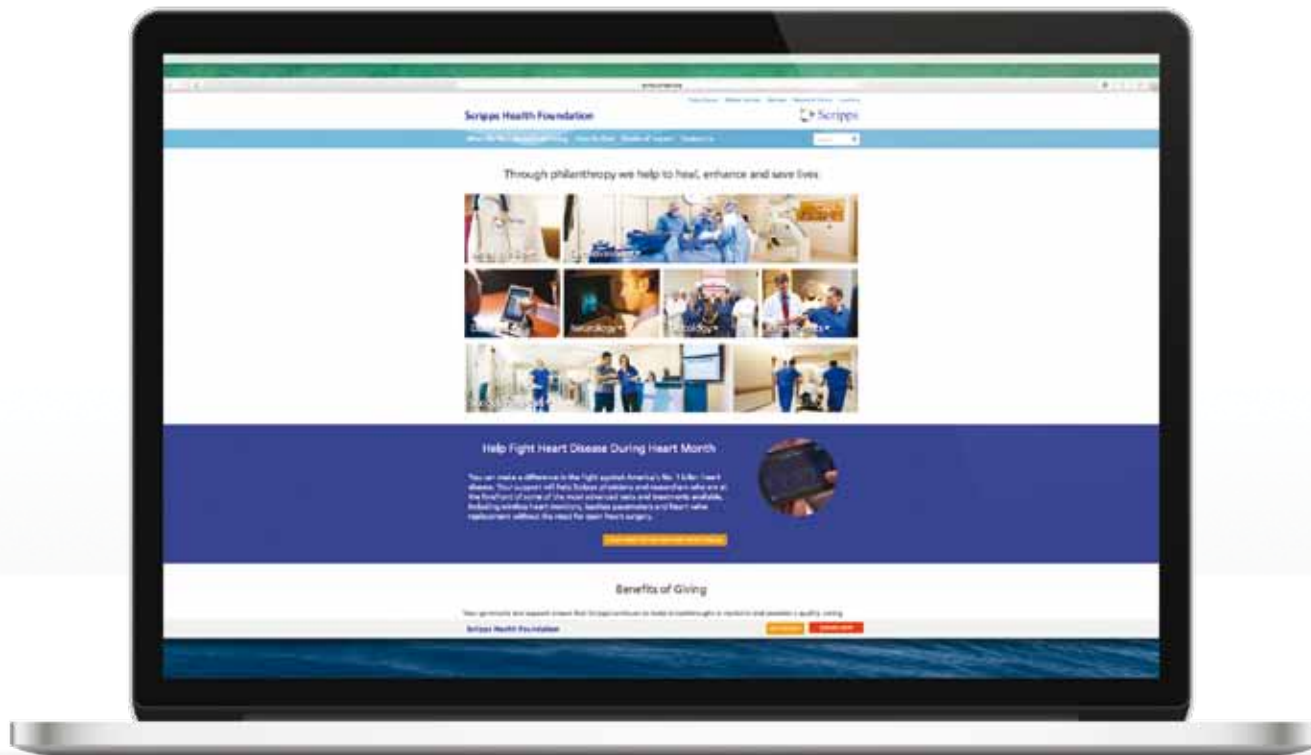
A charitable gift annuity is both a charitable contribution and an annuity contract. When you create a charitable gift annuity with Scripps, you transfer assets of cash, appreciated securities or real property to Scripps. You can even fund a charitable gift annuity with your home and continue living there throughout your lifetime. In return, we agree to make regular fixed payments to you for the rest of your life. Your benefits include guaranteed regular income, an income tax deduction and potential tax savings.

**For more information, please contact David Williams at 858-678-6359 or [williams.dave@scrippshealth.org](mailto:williams.dave@scrippshealth.org).**



# VISIT [SCRIPPS.ORG/GIVING](https://scripps.org/giving)

*Our site is new. Our commitment to patients never changes.*



At Scripps Health Foundation, we've launched a new, innovative website that features our fundraising priorities, heartfelt patient stories and how Scripps changes lives forever.

Philanthropy is a cornerstone of our Scripps health care system, dating back to our founders Ellen Browning Scripps and Mother Mary Michael Cummings. Today, it jumpstarts building campaigns, supports medical research and innovation, and ensures the delivery of programs and services that might not be possible without the generosity of donors.

Our new website tells these stories in our patients' own words and through video and photography of our loyal donors and dedicated caregivers. It also offers a vision of the future by

sharing the latest clinical research, breakthrough medical treatments and game-changing wireless technologies we are pursuing at Scripps.

## **Check out our website at [Scripps.org/Giving](https://scripps.org/giving):**

- See how the foundation partners with donors to support patients and their families.
- Discover how you can get involved in helping advance medicine.
- Learn how your commitment to giving back to our communities can help transform lives.
- Find out about the exclusive opportunities and benefits you can enjoy by supporting Scripps.

**For more information, please call 800-326-3776. To receive updates and information delivered direct to your inbox, visit [Scripps.org/Subscribe](https://scripps.org/subscribe).**

# Scripps Health Foundation

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